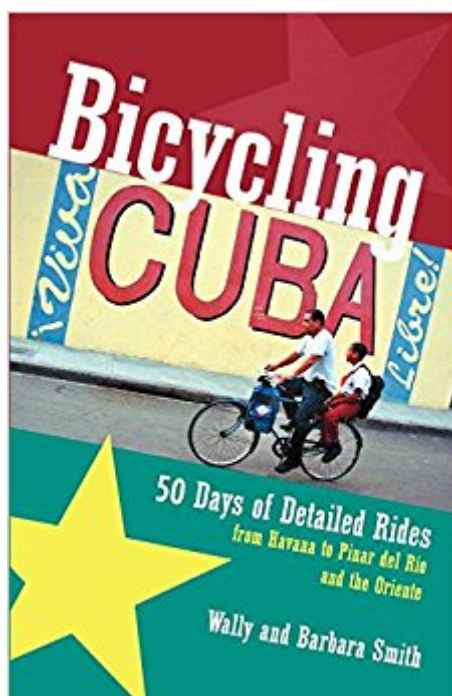


The book was found

Bicycling Cuba: Fifty Days Of Detailed Rides From Havana To Pinar Del Rio And The Oriente



Synopsis

Discover all Cuba has to offer in this complete cycling guide. Wally and Barbara Smith spent 6 months cycling 8,000 miles in Cuba to provide detailed directions for 50 days of cycling. The rides vary in length, many combining to create multi-day loops. Detailed directions describe rides leaving Havana to the west and east. Subsequent rides are clustered in the three best regions of Cuba for cycling: Pinar del Rio, Central Cuba, and the Oriente. A final section contains advice on connecting the regions for a long tour of the entire island. In addition, the authors provide information on getting to Cuba, equipment and accessories, food and water, safety considerations, overnight accommodations, and more. Exploring this fascinating country on two wheels may just be the best way to fully appreciate its history, people, and culture. 50 black-and-white photographs, 15 maps

Book Information

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Customer Reviews

Tired of the same old vacation? Eager to forgo guided motor coaches, all-inclusive resorts, and RVing? If bicycling through Cuba is the first thing you think of as an alternative to Europe in August, then the authors, experienced bike guides from Vermont, can take all the guesswork out of it for you. In this delightful and very practical guide, they outline, kilometer by kilometer-for all the Canadians and Europeans whose governments actually let them vacation in Cuba legally the best places to eat, sleep, sightsee, and even avoid. The text is divided into five parts: "In and Out of Havana," "Pinar del Rio," "Central Cuba," "The Oriente," and "Connecting the Regions of Cuba." The authors sum it up best in their introduction: "If you come to Cuba looking for evidence of a

police state, inefficient bureaucracy, and dissatisfied people, you can find it. If you look for evidence of a uniquely idealistic society in which people have a strong sense of community, respect their government, and are trying to solve problems without sacrificing the achievements of their revolution, you can find that too. Let's ride!" Recommended for large public libraries. Lee Arnold, Historical Soc. of Pennsylvania, Philadelphia Copyright 2002 Reed Business Information, Inc.

“In this delightful and very practical guide, they outline, kilometer by kilometer – for all the Canadians and Europeans whose governments actually let them vacation in Cuba legally – the best places to eat, sleep, sightsee, and even avoid.” - Library Journal

This book is mostly anecdotal historical filler about Cuba and not an updated routing tool. If you want a routing tool, go to the many forum websites for bicycle touring and get the real information. If you want to buy a history primer for your touring visit to Cuba, then this may make you happy.

Very good book with detailed insites, turn by turn drections through out the island plus some excellent suggestions on where to stay, bike maintance & bike protection etc is all good. The only basic negative is the book is 14 years old, so it is a bit dated. But reading this book with the more current tourist book about Cuba (not a biking book i. e. Cuba by the Lonely Planet) you will have the makings of great flexibility on making plans to visit Cuba via bike today.

A good tool to get an idea about what it is like to bike in Cuba, but I found it far too detailed to be really useful once riding on the island. I just spent five weeks there. There are signs on the road everywhere in Cuba so you don't need a mile by mile description of the itinerary. A good map (the one the authors recommend is indeed very detailed, Guida de Carateras) and a travel guide (avoid the lonely planet-they didn't do their finest job on this one) will be more usefully.

Great book but now out of date. I would also urge the user to bring a normal tour book for the sights. My one issue with the book is that it is hard to use if you go in a direction opposite to the one presented. I also urge future Cuba bike tourists to consider wind direction. It can be a killer as you confront the hills. Regardless, Cuba is a perfect place for a bike trip. Highly recommended.

We used this book to tour Cuba in February. It is a little outdated, and there are definitely more options for case's then their used to be. But overall it was a great resource to bring on our trip.

I've read only certain sections so far, but it's answering the questions I have of the road sections and difficulties involved. And it's broken down into regions which is quite helpful. A nice step by step detailed guide for each section in words... Some more diagrams would be helpful, but overall a decent guide for my needs and the price.

I bought this book for my dad who is thinking of doing a bike trek around Cuba. He loved the book and said that it was super insightful and liked the genuine the authors have.

GOOD GUIDE BUT MAYBE NEED AN UPDATE ESPECIALLY FOR THE ROAD CONDITIONS.

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